

## KNOWLE RAMBLERS Guidance for Walk Leaders

Thank you for offering to recce and lead a walk, your time and commitment are greatly valued.

### **Recce and before the walk**

- Check the local weather forecast
- During the recce please give consideration to the following
- Are there any unacceptable risks? Do you need to re route the walk round a difficult section?
- Are there any short cuts available should severe weather occur or should anyone have an injury
- Think about possible places for refreshment stops.
- Notice whether any road side signs or features can usefully be included in starting instructions
- Record the mileage from Knowle to the start of the walk
- Make any notes which will help you on the day.
- Write out the instructions to enable people to get to the start, adding your mobile number if you have one, so that if anyone has difficulty on route they can contact you. Please add the mileage.

### **The day of the walk**

- Arrive at Knowle Village Hall in time to:
- Give out instructions (include your mobile number) to enable drivers to get to the start of the walk.
- Arrange lifts where necessary
- Make visitors feel welcome, and collect £1 from them
- Count the number going on the walk
- Set off promptly at 9.30 a.m. for weekend walks and 5.30p.m. for Friday walks

### **The Start of the walk**

- Welcome everyone, particularly visitors.
- Introduce yourself as the leader
- If the group is large appoint a back marker
- Describe the walk briefly, giving the distance and mention any points of special interest, also any potential hazards
- If there are toilet facilities at the start or on route mention these
- Count the number on the walk
- Enjoy the walk!

### **During the walk**

- It is the general rule that the leader should be at the front of the party: however this does not prevent the leader from dropping back at times and in this case those in front should be told where to wait.
- The leader should be aware that not all people want to, or can, walk at the same rate particularly on a difficult section and should therefore ensure that the party does not become strung out.
- When walking on a public road if there is no pavement keep the group close together and where necessary in single file. When crossing the road the leader should identify the optimum place for the group to cross.
- Any hazards e.g. the approach of a vehicle, should be called out to the group, by the leader or back marker, as appropriate.
- **If we need help in an emergency when out walking in the countryside we are advised to call 112 rather than 999. dialling 112 from a mobile telephone enables the service to pinpoint your exact position**
- Should any accident or incident occur notify the Cub Secretary at the earliest opportunity. A written report from the leader to the Secretary should follow in 24 hours.

### **Guidance for leaders can be found in books that can be borrowed from Knowle Ramblers**

Navigation and Leadership published by The Ramblers  
Follow the Map the Ordnance Survey Guide

[www.ramblers.org.uk](http://www.ramblers.org.uk)  
<http://wtp2.appspot.com/wheresthepath.htm>  
[www.walkingbritain.co.uk](http://www.walkingbritain.co.uk)  
[www.dash4it.co.uk](http://www.dash4it.co.uk) - Explorer Maps 30% discount